

**Ferguson-Florissant School District****Activities / Athletics*****Code of Honor*****MUST BE COMPLETED****EVERY YEAR**

Participation in any extracurricular activity is a privilege. With this privilege comes a responsibility to represent the activity, the school and the community in a positive manner. Participants must adhere to the highest standards of sportsmanship and personal conduct. Members of these groups are highly visible representatives of our school, as well as role models for our student body, and therefore, it is appropriate to set higher standards for them than the general school population.

**MSHSAA (Missouri State High School Activities Association) By-Laws** state, “Students who represent a school in interscholastic activities must be creditable school citizens and judged so by the proper school authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered creditable citizens. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority to judge its students under those standards.”

All students participating in extracurricular activities are governed by the Student Code of Conduct of the Ferguson – Florissant School District. Students under suspension for violation of the Student Code of Conduct will not be allowed to practice, compete or perform in school activities; additionally, students under suspension for Student Code of Conduct violations may be stripped of membership in extracurricular activities.

In conjunction with the Student Code of Conduct and beginning with the first meeting or practice, students in extracurricular activities are also governed by any additional rules and policies which sponsors and coaches may establish. It is important that students become familiar with these rules and policies for each activity in which they participate.

MSHSAA by-laws state that students in extracurricular activities are subject to discipline for violations of any rule or policy even if the violation of the rule or policy occurs on non-school time or off school property. For example, students who are found to be in possession of or under the influence of tobacco, alcohol, or any illegal substance, off school grounds at any time will be subject to school disciplinary procedures, including possible dismissal or exclusion from participation in extracurricular activities. In accordance with MSHSAA by law 2.2.4, it is the student’s responsibility to notify the school of any and all situations that would affect his/her eligibility. Failure by the student to notify the school of the situation prior to the school’s discovery will result in the student being ineligible for up to 365 days from the discovery, pending review by the MSHSAA Board of Directors.

***If students decide they are unable or unwilling to abide by the conditions for membership in a particular activity, they should not become members of such activity.***

**Initial Requirements to Participate**

- In order to try-out, practice, or compete on an athletic team, MSHSAA requires participant to have a Pre-Participation Physical Exam on File in the Athletic/Activities Office. The Physical must be completed on a MSHSAA Physical examination form. All Physicals are good for two calendar years from the date of physical.
- The additional documentation required to participate includes FFSD Code of Honor, health history, parent permission, student agreement, concussion agreement which all must be signed and dated, and the emergency contact information and insurance information must be fully completed. These documents are required of all athletes every year. All participants must carry individual insurance, as the School District does not carry health insurance for individual participants.
- Student-Athletes must meet all MSHSAA Eligibility Requirements, including academic requirements of earning 3.0 credits per semester.

## **Athletic Department Participation Contract**

There are certain risks and responsibilities associated with participation in athletics. But, the honor of participating on a team, the interpersonal benefits, and privilege of representing your Ferguson-Florissant high school and the community outweighs these risks. I understand the following conditions for participation:

- Students must meet all standards set by MSHSAA, including: eligibility, academic standing, residence, transfers, age, attendance, citizenship, sportsmanship, non-school competition, and amateurism.
- There is an inherent risk of injury in athletics, which may range from common injuries, temporary to permanent disability, paralysis, and even death. As a parent and athlete I understand these risks, and will strive to use equipment and training techniques in a safe manner.
- There are certain responsibilities associated with participation, including but not limited to: sportsmanship, citizenship, dedication, academic requirements, attendance, and timely transportation to and from events/practices. As a participant and a parent, I agree to follow these standards.
- Students must respect the equipment and facilities at all times. This includes the buildings, courts, fields, locker rooms, weight rooms, busses, equipment, and uniforms. All items must be returned in acceptable condition immediately upon the conclusion of the season to avoid fines.
- All participants, parents, and guardians must follow the Parent/Coach Communication Guidelines set by the Athletic Department (available on the Athletic Website).
- **I agree that my directory and contact information, as well as academic information may be shared with college athletic coaches and recruiters during the recruiting process. \***
- I consent to allow my student to be photographed, interviewed and/or videotaped by representatives of the District, its agents, and/or independent contractors. Any information or images obtained from these activities may be reproduced by the school district for use in publicity or educational activities including, but not limited to Districts and school publications and/or videos, print and television news and/or school websites. I hereby waive any claims to these materials and release the District and its employees from any liability of claims arising from these activities.
- **I understand that coaches may utilize personal cell phones/social media for contact that helps organize and communicate information to their athletes. I agree to allow the coaching staff or sponsor to communicate electronically or by cell phone with my child.**

**\*Signatures imply the student-athlete or participant and parent/guardian has read this Code of Honor and understand/agree to follow the above requirements.**

**\*Signatures of student and parent/guardian required for participation.**

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Student Name (Print)

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Parent/Guardian Signature

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Student Signature

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Student Cell Phone Number \*

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Date

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Activity

**MSHSAA PRE-PARTICIPATION DOCUMENTATION – ANNUAL REQUIREMENTS (All Sports & Activities)**

<b>CURRENT HEALTH AND INJURY UPDATE (INTERIM MEDICAL UPDATE)</b>	
<p><b>Note: Complete and sign this form (with your parents if younger than 18).</b>  <b>Note: An injury or medical condition results in a separate medical release.</b></p>	
Student Name:	Date of Birth:
Date:	
Medicines and supplements: List all current prescriptions, over-the-counter medicines and supplements (herbal and nutritional):	
Do you have any allergies? If yes, please list all of your allergies (i.e., medicines, pollens, food, stinging insects):	
Have you had any medical conditions/concussions/orthopedic injuries this past year that has resulted in a health care professional (MD/DO/ARNP/PA) denying or restricting your participation in any sport – spirit – marching band?	
If yes to the preceding question, have you provided appropriate documentation to the school clearing you back to such participation by a health care professional (MD/DO/ARNP/PA) for those medical conditions/concussions/orthopedic injuries?	
Are there any medical conditions you wish to disclose to the school that may need attention during the student's participation in any sport – spirit – marching band?	
<b>I hereby state that, to the best of my knowledge, my answers to the questions herein are complete and correct.</b>	
Signature of Student:	
Signature of Parent(s) or Guardian:	
Date:	

<b>EMERGENCY CONTACT INFORMATION</b>		
Parent(s) or Guardian	Address	Phone Number
Name of Contact	Relationship to Student	Phone Number

**PARENT PERMISSION (Authorization for Treatment, Release of Medical Information, and Insurance Information)**

**Informed Consent:** By its nature, participation in interscholastic athletics/activities includes risk of serious bodily injury and transmission of infectious disease such as HIV, Hepatitis B, severe acute respiratory syndrome (COVID-19) and/or any mutation or variation thereof. Although serious injuries are not common and the risk of HIV transmission is almost nonexistent in supervised school athletic/activity programs, it is impossible to eliminate all risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily. **PARENTS, GUARDIANS, OR STUDENTS WHO MAY NOT WISH TO ACCEPT RISK DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS FORM. STUDENTS MAY NOT PARTICIPATE IN MSHSAA- SPONSORED SPORT WITHOUT THE STUDENT’S AND PARENT’S/GUARDIAN/S SIGNATURE.**

I understand that in the case of injury or illness requiring transportation to a health care facility, a reasonable attempt will be made to contact the parent or guardian in the case of the student being a minor, but that, if necessary, the student will be transported via ambulance to the nearest hospital.

We hereby give our consent for the above student to represent his/her school in interscholastic athletics/activities. We also give our consent for him/her to accompany the school group on trips and will not hold the school responsible in case of accident, injury or illness whether it be en route to or from another school or during practice or an interscholastic contest; and we hereby agree to hold the school district of which this school is a part and the MSHSAA, their employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, or demands of every kind and nature whatsoever which may arise by or in connection with participation by my child/ward in any activities related to the interscholastic program of his/her school.

In the event of an emergency or when the Parent(s) or Guardian is unable to directly supervise health care services needed by the student for injuries or illnesses sustained at any athletic/sport and/or activity practice, conditioning exercise or contest, I also give my consent to the rendering of necessary health care services for the student by a qualified provider (QP) covering the athletic/activity practice, conditioning exercise or contest, including an athletic trainer, physician, physician assistant, nurse practitioner or other medically-trained professional licensed by the State of Missouri (or the state in which the student injury or illness occurs) and who is acting in accordance with the scope of practice under their designated state license and any other requirement imposed by state law. In emergency situations, the QP may also be a certified paramedic or emergency medical technician for the purpose of providing emergency health care and transport. Health care services are defined as services including, but not limited to, evaluation, diagnosis, first aid, emergency care, stabilization, treatment and referral. I further authorize the QP who provides such health care services to disclose such information about the student’s injury or illness, diagnosis, care and treatment in the professional judgment of the QP to the student’s athletic director, coaches/directors, school nurse and any classroom teacher required to provide academic accommodation to assure the student’s recovery and safe return to activity. If the Parent(s) or Guardian believes that the student is in need of further evaluation, treatment, rehabilitation or health care services for the injury or illness, the student may be treated by the physician or provider of his or her choice.

To enable the MSHSAA to determine whether the herein named student is eligible to participate in interscholastic athletics/activities in the MSHSAA member school, I consent to the release of any and all portions of school record files to MSHSAA, beginning with sixth or seventh grade, of the herein named student, specifically including, without limiting the generality of the foregoing, birth and age records, name and residence address of parent(s) or guardian(s), residence address of the student, academic work completed, grades received, and attendance data.

We confirm that this application for the above student to represent his/her school in interscholastic athletics/activities is made with the understanding that we have studied and understand the eligibility standards that our son/daughter must meet to represent his/her school and that he/she has not violated any of them. We also understand that if our son/daughter does not meet the citizenship standards set by the school or if he/she is ejected from an interscholastic contest because of an unsportsmanlike act, it could result in him/her not being allowed to participate in the next contest or suspension from the team or group either temporarily or permanently.

I consent to the MSHSAA’s use of the herein named student’s name, likeness, and athletic/activity-related information in reports of contests, promotional literature of the Association and other materials and releases related to interscholastic athletics.

We further state that we have completed that part of this certificate which requires us to list all previous injuries or additional conditions that are known to us which may affect this athlete’s performance or treatment and we certify that it is correct and complete.

The MSHSAA By-Laws provide that a student shall not be permitted to practice or compete for a school until it has verification that he/she has healthcare insurance coverage or healthcare expense payment plan.

The parent(s) or guardian below verify that the student is covered by a healthcare insurance coverage or healthcare expense payment plan.

 Yes

 No

I have read and acknowledge the information presented above and hereby grant consent for the named student to participate.

Signature of Parent(s) or Guardian:

Date:

**STUDENT AGREEMENT (Regarding Conditions for Participation)**

This application to represent my school in interscholastic athletics/activities is entirely voluntary on my part and is made with the understanding that I have studied and understand the eligibility standards that I must meet to represent my school and that I have not violated any of them.

I have read, understand, and acknowledge receipt of the MSHSAA brochure entitled "How to Maintain and Protect Your High School Eligibility," which contains a summary of the eligibility rules of the MSHSAA. (I understand that a copy of the *MSHSAA Handbook* is on file with the principal and athletic administrator and that I may review it in its entirety, if I so choose. All MSHSAA by-laws and regulations from the *Handbook* are also posted on the MSHSAA website at [www.mshsaa.org](http://www.mshsaa.org)).

I understand that a MSHSAA member school must adhere to all rules and regulations that pertain to school-sponsored, interscholastic athletics/activities programs, and I acknowledge that local rules may be more stringent than MSHSAA rules.

I also understand that if I do not meet the citizenship standards set by the school or if I am ejected from an interscholastic contest because of an unsportsmanlike act, it could result in me not being allowed to participate in the next contest or suspension from the team or group either temporarily or permanently.

I understand that if I drop a class, take course work through Post -Secondary Enrollment Option, Credit Flexibility, or other educational options, this action could affect compliance with MSHSAA academic standards and my eligibility.

I understand that participation in interscholastic athletics/activities is a privilege and not a right. As a student participant, I understand and accept the following responsibilities:

- I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- I will be fully responsible for my own actions and the consequences of my actions.
- I will respect the property of others.
- I will respect and obey the rules of my school and laws of my community, state, and country.
- I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.

I have completed and/or verified that part of this certificate which requires me to list all previous injuries or additional conditions that are known to me which may affect my performance in so representing my school, and I verify that it is correct and complete.

<b>Signature of Student:</b>	<b>Date:</b>
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**PARENT AND STUDENT SIGNATURE (Concussion Materials)**

I have received and read the MSHSAA materials on Concussions, which includes information on the definition of a concussion, symptoms of a concussion, what to do if I have a concussion and how to prevent a concussion. I will inform my school and athletic trainer/team physician immediately if I experience any of these symptoms or if I witness a teammate with these symptoms.

<b>Signature of Student:</b>	<b>Date:</b>
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<b>Signature of Parent(s) or Guardian:</b>	<b>Date:</b>
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**PARENT AND STUDENT SIGNATURE (Injury Risk/Disclosure)**

I accept responsibility for reporting all injuries and illnesses, to my school and medical staff (athletic trainer/team physician). We acknowledge that there is a risk of injury by participation in all sports and activities and failure to disclose injuries may result in further complications.

<b>Signature of Student:</b>	<b>Date:</b>
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<b>Signature of Parent(s) or Guardian:</b>	<b>Date:</b>
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